

## **Kolomiyka - Колонийка** (Western Ukraine)

Kolomiyka is a dance from Western Ukraine, with its origins in the Carpathians. This version of the dance was choreographed by George and Irina Arabagi.

Pronunciation: koh-loh-MIGH-kah

Music: 2/4 meter *Ukrainian Dance Workshop, Track 1*

Formation: Mixed circle facing CCW. M's hands are clasped behind his back. W's thumbs are in an imaginary vest.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
4 meas	<u>INTRODUCTION.</u> No action.	
I.	<u>MOVING CCW</u>	
1	Step R, L, R (cts 1, &, 2); hop on R, raising L knee 45 degrees (ct &).	
2	Repeat meas 1 with opp ftwk.	
3-8	Repeat meas 1-2 three times.	
II.	<u>FACING CENTER/STAMPS</u>	
1	Facing ctr and holding arms in V-pos, step R to R, leaving L toe on the floor but wt on R (ct 1); shift wt onto L, leaving R toe on the floor (ct 2).	
2	Shift wt onto R (ct 1); stamp (with wt) L, R, L (cts &, 2, &).	
3-8	Repeat meas 1-2 three times.	

Sequence: Fig I, Fig II, Fig I, Fig II, Fig I.

Presented by George & Irina Arabagi